

## TESTIMONIALS FOR DOUBLE X

*"...engaging, thought provoking and has stayed with me since. .... I have dipped in and out of the references provided a number of times since taking the course. Overall, a day well spent!"*

*Noreen Gumbo, Programme Leader – HIV & Gender Equality – Trocaire*

*"...my expectations were exceeded as the workshop was absolutely brilliant..."*

*Sonja Ferguson – Marketing Manager – Festo Ltd*

*"...an extremely informative and valuable day. There are still inherent behaviours and choices made by both men and women that can limit a woman's career path. As somebody in a leadership position, the Double X workshop highlighted some positive changes I could make to my own behaviour and also to reassess how to facilitate more women into leadership positions."*

*Joanne Horgan – Director - Vizor Ltd*

*"Mary employed a very inclusive approach, appealing to many different styles of learning or discussing. She covered a lot of ground in a calm, safe but thought-provoking & challenging environment and engaged the audience throughout, using different techniques."*

*Sarah Romoli - Business Engagement Manager Western Europe – Microsoft*



# Double X

## "Unconscious Bias"

### I Day Workshop

#### Objectives & Target Audience

The workshop provides a forum to allow participants to explore

- What is unconscious bias?
- How does it manifest itself in the workplace?
- The effects of unconscious bias
- How to address unconscious bias

#### Workshop Learning Outcome

By the end of this workshop, participants will:

- Be able to describe unconscious bias & its effects
- Recognise when it is happening in the workplace
- Recognise some of their own biases
- Be able to identify and implement a range of means of addressing unconscious bias
- Have identified an action plan to address unconscious bias

#### About "Double X"

Double X offers a series of programmes to ensure that companies can optimise all of their talent. We want

- To **incentivise** and **empower** decision makers to achieve **greater diversity** in leadership teams
- To **empower** everyone to reach their **full potential** in the workplace.

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